

VALLO DELLA LUCANIA

By Flight Choose **Rome Fiumicino Leonardo da Vinci Airport** or the nearest **Naples International Airport**.

Take a train from **Napoli Centrale** to **Vallo della Lucania-Castelnuovo station**

Take a Bus Line: 106 - 109 - 100 - 36 From Vallo della Lucania-Castelnuovo Station to the Gym in **Via Ottavio de Marsilio, 168, 84078 Vallo della Lucania SA**

Useful links:

At these links you will find the websites of the main Italian train companies where you can search for precise train times

- TRENITALIA: <https://www.trenitalia.com/>
- ITALO: <https://www.italotreno.com/>
- TRAINLINE TO COMPARE ALL THE OPTIONS: <https://www.thetrainline.com/>